

It's Not Worth the Risk:

Get Rid of Unused Prescriptions

After injury or illness, you may be tempted to keep extra medicine "just in case" or to share with others, but...
it's not worth the potential risks:



Job Disqualifier



Disciplinary Action



Unknown Medical Interactions

If you are in the U.S. or a U.S. Territory, there are two ways to properly get rid of prescription drugs.

Option 1:

The Drug Take Back program at your military treatment facility.

Option 2:

Go to takebackday.dea.gov to find a public disposal location near you.

If the first two options are not available:

Check the [Food and Drug Administration \(FDA\) flush list](#) to see if your medication can be flushed.

If you cannot get to a disposal location and your medication is not on the FDA flush list:

- Remove medications from the bottle, mix with an unappealing substance (like coffee grounds) and throw away.
- Remove all personal information on the label of the bottle. Then trash or recycle the empty bottle or packaging.



**TOO MUCH
TO LOSE**

**GET THE TRUTH
ON RISKY DRUG USE**

www.toomuchtolose.org



U.S. Department of Defense