

GET THE TRUTH ABOUT DELTA-8 THC

Not sure what to believe about Delta-8 THC? As a Service member, it's important to know the truth.

IT'S TIME TO GET THE FACTS.

MYTH

Delta-8 is legal for me to use as a Service member.



FACT

Like marijuana, CBD and hemp, Delta-8 THC is prohibited for Service members to use no matter the legal status of the product in your location or the claimed THC levels.

MYTH

Delta-8 won't make me pop positive on a drug test.



FACT

Using Delta-8 could result in a positive drug test. Delta-8 is often advertised that it won't make someone pop positive on a drug test, but it was added to the DOD drug testing panel in 2021.

MYTH

Delta-8 is natural, so it's harmless to my health.



FACT

Most Delta-8 is not natural and is made in a lab. Products often include harmful ingredients and chemicals (think: bleach, nail polish remover and other toxic things).

MYTH

Delta-8 looks just like marijuana, so I'll know to stay away when I see it.



FACT

Delta-8 products are commonly sold as edibles like gummies and candies, and in oils for vaping. Be sure to always review product ingredients and information before buying and using to limit risk.

MYTH

Delta-8 is FDA approved.



FACT

Delta-8 products have not been evaluated or approved by the FDA. In fact, there is growing concern across the country over its safety and an increase in reported problems from use.

Service members must know the real facts about Delta-8 and what they might lose when they use prohibited drugs.

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TO LOSE**

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ON RISKY DRUG USE**

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